



**Waddington
Street Centre**
A Community Mental Health Resource

SUPPORTED HOUSING AND FLOATING SUPPORT

**Tel: 0191 386 0702
Fax: 0191 375 5140**

Effective Support Through Life Skills and Opportunities

Do you need to live in supported housing or help in your own home?

Too little support could mean that some of your needs may not be met, and too much support could mean that some of your independence is taken away.

Each individual has different needs, so it is important that these are assessed. This will be carried out with you by a support worker and care co-ordinator.

What's available?

- Shared accommodation in the centre of Durham City.
- Housing related support in your own home for up to two years.
- Support workers available 10am and 4.30pm Monday to Friday.

Who can apply?

If you reside in County Durham, are 18-65, single with no dependants, have mental health needs and are self medicating, this could be for you!

Referral methods through your:

- **Care Co-ordinator**
- **CPN** or
- **Self referral**

What support can you expect?

- Help in setting up and maintaining home or tenancy.
- To develop domestic /life skills including support with household tasks
- To develop social skills/behaviour management.
- Advice, advocacy and liason.
- Help in managing finances and benefit claims.
- Help in establishing personal safety and security.
- Monitoring of health, well being and medication
- Help in finding other accomodation.
- Access to local community organisations.

For more infomation please call:

Gill Waite, Housing Co-ordinator
Joan Moore, Support Worker
Tel 0191 386 0702