

## Directions to the Centre

Waddington Street is directly behind the County Hospital in North Road Durham and runs onto Sutton Street which passes under the railway viaduct. It is approximately a 5 min walk from Durham Bus Station in North Road or Durham Railway Station. On street metered parking is available nearby.

Waddington Street Centre is situated between the CIU Offices and the United Reformed Church.



For more information on working in the Campbell Printshop at Waddington Street, please contact

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Brochure Design and Print, The Campbell Studio and Printshop, Waddington Street, Sept 2008

Training for work in a supported environment at the



## Waddington Street Centre Durham

A Community Mental Health Resource

As a user of mental health services:

Are you interested at some stage in the future in moving into voluntary or paid employment?

Do you need help in achieving this?

Are you interested in learning new skills or refreshing your existing skills in a supported working environment?

**If YES... the Campbell Printshop could be your ideal starting point in supporting your aspirations and recovery.**

Over the past few years the Waddington Street Centre has successfully created it's own training for work environment specifically for mental health services users - the Campbell Printshop.

In order to support service users to access work or volunteering opportunities we are continually on the look out for those who want to develop their skills in a wide range of areas including:

- n Printing and design work
- n IT
- n Customer service
- n Business administration and
- n Finance/Bookkeeping

The skills learnt by you are transferable to any sort of work so please don't be put off by the technical side of the Printshop. Also Centre staff are always around who can help.

Whilst you are gaining these skills our experience has shown that at the same time significant improvement will also be seen in you:

- n Assertiveness
- n Confidence
- n Communication Skills
- n Time Management
- n Stress awareness and
- n Presentation Skills.

The Campbell Printshop provides service users with one to one support which can be backed up by agencies external to the Centre who are also keen to help.

Should you want to try out the Campbell Printshop, even only for a trial period, the Centre will pay your travel expenses and free refreshments and lunch will be provided.

Below is the experience of a volunteer who works in the Campbell Printshop.

*"Like many volunteers, I volunteered to make a contribution, to give something back and help others. In my own case it was by volunteering at Waddington Street in the Campbell Printshop.*

*In volunteering in the Printshop I feel I have a sense of purpose and something to do. At the time of printing this leaflet - July 2008 - there are 2 volunteers from the Centre in the Printshop and it would be good if others wanted to come along and join in.*

*The work I do has evolved over time but in the early days I started with simple typing and collecting pages from the printer and stacking them.*

*Now I can talk to customers, take down messages, do some simple design work, print photographs and even booklets from e-mails received. If ever I'm unsure there is always someone to turn to for help.*

*The pleasure in the work is when a good professional job is done and a customer leaves delighted with their work".*